

## ON PURPOSE- Week 4: How Can I?

Tonight, we're tackling the self-doubt, the lies and the excuses that can keep us from living On Purpose. Like Moses in today's text, our students often focus on what they *aren't* – their inadequacies. I'm not talented enough...smart enough...popular enough...old enough...etc. Satan would like nothing more than for your students to believe the lies he's whispering to them to keep them from becoming everything God created them to be. Tonight's lesson gives you the opportunity to show them that God has created them for a purpose and put his Holy Spirit inside of them to be all they need to be so they can do all that God has made them to do.

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Did anything stand out to you from the video we watched tonight?

When Mike told us in the video to fill in the blank... "I am not \_\_\_\_\_," what came to mind? (OR if you group is not particularly open yet: What are some things you think Junior Highers believe about themselves that keep them from doing what God wants them to do?)

Why is it sometimes easier for us to focus on what we CAN'T do instead of what we CAN do?

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Moses wasn't the only one who had doubts that he could do what God called him to do. Have you students open their bibles and take turns reading about Jeremiah's calling (voluntarily, in case some cannot read aloud well).

### Jeremiah 1:4-10:

- How did God start the conversation? Why should that help Jeremiah realize that God knew exactly what he was doing when he called Jeremiah to be a prophet?
- What was Jeremiah's response? Do you identify with Jeremiah? How?
- What was God's response to Jeremiah?
- In the video, Mike said that "God has made you for a purpose and put his Holy Spirit inside of you." What does that mean to you? How is that like God's response to Jeremiah's doubt?

### Ephesians 2:10:

- What does that verse tell you about yourself?
- How does it point to living on purpose?
- How could this help you when you start thinking you're not enough for what God has for you?

In the video, Mike said "The Holy Spirit's power within us helps us live the purpose God has for us." When we start to look at everything we are not, we can start to listen to the lies we tell ourselves or the lies the devil whispers into our hearts. When we look at everything God is, we can believe that he made us *on purpose for a special purpose*. Mike said, "You might be saying, 'I'm not,' and God says, 'I know, but I'll take that weakness and I'll be powerful through it.'" God will help us live for the purpose he created us.

**The Point:** God made me on purpose for a special purpose.

- What are some ways that you can find out what purpose God has made you for? How do you know what those good things that God planned for you long ago? (hint: talents, passions, opportunities, etc.)
  
  - **Group Activity** - take the spiritual gifts assessment found at [www.eastview.church/mygifts](http://www.eastview.church/mygifts) and discuss what results you got. How can you use those to live on purpose right now?
  - If you don't do the gifts assessment: How can you start using your talents, opportunities and passions right now as a JH student to do God's good work in this world?
1. If you have time, give students a pause to process the lesson personally by having them reflect on what lies they have been believing about themselves and write them down. Then have them write over the top of those lies: God has made me on purpose for a special purpose.
  
  2. This week, encourage your students to read Ephesians 2:10 every day. Encourage them to memorize it. Offer them \$50 if they memorize it (payable Josh Jacobs).