

# THIRTEENTH BIRTHDAY

## PURITY

### EASTVIEW FAMILY RESOURCES



[www.eastview.church](http://www.eastview.church) | 1500 N. Airport Rd. | Normal, IL 61761 | 309.451.5000



## THIS YEAR AT A GLANCE...

**W**ebster's Dictionary defines "pure" as: "free from everything that might make dirty, change, or lower the quality; free from sin or guilt." Purity is much more than refraining from sex or heeding a list of don'ts. It is a positive, passionate existence that frees us to experience all God made us to enjoy. This year, we are going to work on how we help our children go against the norm and live a life filled with the intense joys only purity can bring.

### HERE'S WHAT YOU'LL FIND INSIDE:

- **Letter from Mike Baker** Senior Pastor of Eastview.
- **A Letter To Your Child** A guide to writing a letter to your child with memories and affirmations
- **"PURITY" Overview** A wholistic view of sexual purity and 5 important steps to take.
- **Purity Resources** Recommended resources for both you and your child.
- **Purity Covenant** A sample created by a Dad for his teenaged son here at Eastview.
- **This Year's Parenting Plan Checklist** A summary of this year's focus with an easy checklist.
- **Marriage Plan** Follow this simple plan to keep your family healthy beginning with your marriage.
- **Digital Resources** The Parent Cue App, Tough Guys & Drama Queens, and RightNowMedia.



**R**aising to kids to love and follow Jesus is counter-cultural at every turn. This year's focus of PURITY is no exception. How do we help our children go against the norm so they are free to enjoy all God has in store for their lives? A topic like purity can be overwhelming, so we have created simple steps to get you started. This booklet is not intended to cover all there is to know about purity, but we will be with you every step of the way to provide resources, encouragement, and support.

If you're new to these parenting plans, let me explain what these are. We believe that God designed the home to be the primary place for discipleship in a child's life. It is our privilege to come alongside you as you raise your child in the ways of the Lord. We offer this Parenting Plan as a guide to help you raise your child one step at a time — with one annual focus each year. If you're starting this year, don't worry about going back to cover the ones you've missed. Just start here.

These booklets are not intended to cover all there is to know about each topic. Sometimes parents feel overwhelmed with

the responsibility of raising their child to know the Lord, and aren't sure where to start. So we have created simple steps to get you started. We also include recommended resources to help you in your parenting journey. Visit our Family Resource Wall at the Normal and Bloomington Campuses for more resources.

During the time that your child is in our Junior High programs here at church, we will be focusing on:

GETTING MY IDENTITY FROM JESUS

BELIEVING I'M MADE FOR A PURPOSE

FINDING A HOME IN GOD'S FAMILY

*If you have any questions about your booklet, stop by the Family Resource Center or email our Next Gen Pastor, Jason Smith at [jsmith@eastview.church](mailto:jsmith@eastview.church)*

*Love ya -*

*Mike Baker, Senior Pastor*



# MY LETTER TO YOU FOR YOUR 13TH BIRTHDAY

**E**ach year throughout the parenting plan, take time to write your child a letter. Below are some ideas of things to include that will speak life and love into your child, as well as give them an invaluable collection of insights into their upbringing and a storyline of memories to be cherished for the rest of their lives. You could collect them in a journal or write each letter as a separate piece of paper.

1. Things I've loved about you this year...
2. Important memories from this past year...
3. Some of my favorite time with you is when we...
4. Your favorite books to read are...
5. Your favorite hobbies are...
6. Things that make you laugh...
7. Your favorite things to do with your friends...
8. I am impressed when you...
9. I've been praying about this for you this year...
10. I've been praying about this for me as a parent this year...
11. What I want for you in life...
12. I am praying for your future spouse that he/she is...

**Include a photo of your family with the letter to give a year by year collection of memories all in one place.  
Each year after giving your child the letter, get it back and keep them all somewhere safe.  
You will give back all of the letters to your child in the 18th year for LAUNCH.**

# THIRTEENTH BIRTHDAY: PURITY

**W**ebster's Dictionary defines "pure" as: "free from everything that might make dirty, change, or lower the quality; free from sin or guilt." Purity is much more than refraining from sex or heeding a list of don'ts. It is a positive, passionate existence that frees us to experience all God made us to enjoy. Sadly, our culture bombards kids with opportunities to tarnish their lives, even making fun of those who try to remain clean. How do we help our children go against the norm and live a life filled with the intense joys only purity can bring?

**Step One: Clarify the Standard:** Psalm 119:9 says "How can a young person stay on the path of purity? By living according to your word." While Jesus Christ was the only person to live a life of total purity, he invites us to follow his example by fulfilling the purpose for which we were made. When it comes to purity, our children need to understand that their bodies belong to God first and to their future spouse second. I Corinthians 6:18-21 says "Flee from sexual immorality...your body is the temple of the Holy Spirit...you are not your own...Therefore honor God with your body."

**Step Two: Focus on Purity, Not Just Sex:** It is vital to emphasize remaining a virgin before marriage. But purity is much more than saying no to premarital sex. Sometimes teen culture

tries to define purity as not "going all the way," while anything else is considered fair game. God desires for us to have much more than "technical virginity" before marriage. It is possible to be technically a virgin, and yet have lost your purity. God has a great plan for our hearts, minds and actions. Teach your child that purity involves every area of life, like media, jokes, conversations, thoughts, and fashion.

**Step Three: Give a Positive Vision:** Give a positive vision of the purpose and joy of sex in the context of marriage. Nothing gives a child a positive view of God's design for passion like basking in the love of parents who cherish one another and speak positively about the joys of marital intimacy. Use discretion, don't be graphic, but celebrate God's design for sex.

**Step Four: Delay Temptation:** Kids want to start dating younger than ever before. One study showed that a child who starts dating at twelve-years-old has only a 9% chance of remaining a virgin at eighteen years old. If they wait until sixteen, however, they are 80% likely to be a virgin at eighteen. God made us with desires that are very good. But those desires can be awakened too early. So talk to your child about purity before allowing them to date and then continue dialogue after they start the process. The topic can be awkward so try to make

the experience comfortable. For one child that could mean scheduling a regular coffee date; for another it might mean chatting while hunting or attending a sports event. Find some context for keeping the lines of communication open.

**Step Five: Pray for Them:** Commit yourself as a parent to cover your child in prayer. Pray specifically for his or her purity in relationships, a clean thought life, integrity in school and other activities. Pray for a heart that is connected to Christ and a mind immersed in God's Word. Likewise, pray for their future spouse to be living a life of purity in preparation to join your child in a pure marriage bed someday.

**Practical Ideas:** Write letters to your child. Share your heart and scripture instead of mere rules. Give them a vision of God's plan for their lives. Plan a time to talk about the letter after they have read it such as a special breakfast or coffee date. Take time to listen to what they say and try to steer clear of teaching or lecturing.

Most teenagers have a mentality centered on the immediate. Help your child think about long term goals for what they want in their dating and marriage relationships. What are their goals for themselves and their future spouse? Ask questions like: "What would your future spouse want from you in purity?" And, "what do you want from your future spouse?"

You might choose to use the enclosed Purity Checklist to help your child set some helpful boundaries and accountability to live with sexual purity.

And as in all areas of our Christ following journey, *elevate the grace and forgiveness of God* so that *when* they fail, they know they can come to God to experience his forgiveness and mercy. Sam Alberry says that it isn't *whether* you have sexual desire, or even what kind, but will you submit that desire to Jesus? So even though God shows us life that leads to flourishing, we all come up short. We want our children to know and truly believe that failure is not final, and that God is rich in mercy.



# RECOMMENDED RESOURCES ON PURITY

Above all, pray for the purity and protection of your child.

*“Pour your heart like water before the face of the Lord. Lift your hands towards Him for the life of your young children.”*

Lamentations 2:19

The natural desires of the sin nature combined with the accessibility of sexually immoral material, a secularization of our society and an atmosphere of sexuality that most of us did not grow up in, all wage a battle on our kids' purity. Pray for them. Pray with them - sure it will weird them out! Pray for your own purity and model it in your own choices.

## BOOKS:

- [Passport to Purity](#)  
by Dennis and Barbara Rainey Familylife.com
- [Every Young Man's Battle](#)  
by Stephen Arterburn, Fred Stoeker, Mike Yorkey
- [Every Young Woman's Battle](#)  
by Shannon Ethridge, Stephen Arterburn
- [Dateable: Are You? Are They?](#)  
by Justin Lookadoo and Hayley DiMarco
- [Choosing to Wait](#) by Laura Gallier
- [The Purity Code](#) by Jim Burns
- [Teaching Your Children Healthy Sexuality](#) by Jim Burns

**DIGITAL RESOURCES:** As with any app, there are mixed reviews, but no Christian parent should leave any device that has data or wi-fi unprotected. If you don't like Covenant Eyes, use [something](#) and deal with the heart, because over 90% of kids have encountered some sort of explicit web content by middle school. They will hear how to avoid "blocks" and may encounter inappropriate content on someone else's device, so we still have to do the heart-work. Check online review charts for comparisons of content blockers and reporting programs. Don't put this off! Porn addiction is real and dangerous - for you and your child.

- **Covenant Eyes/NetNanny/ForceField** While there are many other parental control apps and software, several Eastview families use Covenant Eyes and Net Nanny programs for accountability and protection.
- **PluggedIn Online** When your child asks to download some music, watch a program, play a new game, or go to the movies with his friends you can get quick access to Christian content reviews.
- **RightNow Media** This is a great FREE video resource for you and your child on issues of sex and pornography.

# A COVENANT OF PURITY

This sample covenant was created by a dad for his son here at Eastview.  
Use this as a model and leave room for your child to write in other items they want to commit to as well.

*"I made a covenant with my eyes not to look lustfully at a girl."*

**Job 31:1**

*"Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your body."*

**1st Corinthians 6:18-20**

*"So, if you think you are standing firm, be careful that you don't fall! No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it."*

**1st Corinthians 10:12-13**

**I make a covenant with God, my future wife and myself to be sexually pure, so I will not:**

Look at pornographic material.	Look lustfully at the girls at school and church.	Allow my eyes to dwell on tempting images on TV and other media.	Date a girl who does not share my commitment to Christ.	Try to find a loophole in the "Covenant Eyes Software" on my phone or computer.
--------------------------------	---	--	---	---

**I make a covenant with God, my future wife and myself to be sexually pure so I will:**

1. Memorize these verses above.
2. Submit to accountability by my peers, my pastors and my dad.
3. Only hold hands, appropriately hug and kiss any girls that I date.
4. Give my wife a pure mind, heart and body on our wedding night.

When I fail to keep this covenant, I will fall on the grace and mercy of God, and ask for His forgiveness, His cleansing, and His strength to repent and press on. *"If we confess our sins, he is faithful and just and will forgive our sins and purify us from all unrighteousness."* **1st John 1:9**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_







# PURITY CHECKLIST

**I**t is wise to help an early teen establish clear boundaries **BEFORE** they face tempting or awkward situations. As soon as he or she begins taking an interest in the opposite sex spend time together walking through the following discussion checklist to create healthy expectations and goals. This checklist was created by the staff of HomePointe Ministry/ Inkling Productions. Use this Checklist as a start, but then create a Purity Checklist of your own. The point is, create clear expectations and present them in such a way that your child knows that you and God are for them, not against them.

## **DATING:**

Dating, ultimately, is spending time with someone of the opposite sex in order to discover a future spouse. It is about building a friendship without the physical bonds that God reserved for marriage. Dating is a process for those who are approaching the age where they might want to get married. It allows a couple the opportunity to get to know each other and enjoy building a relationship. When your teen is ready to start dating, they probably aren't thinking about picking a spouse quite yet, but it is wise to follow the old wisdom of only dating people you would ever consider marrying. You never know whom you might fall "in love" with.

It is also best for you to make sure you are clear about how old your child must be in order to date. Set that age and communicate it early. For young teens, we recommend group activities over pairing off as boyfriends and girlfriends.

**MODESTY:** The issue of modesty is more than just defining how short is too short, how low is too low, or how tight is too tight? Modesty has a lot more to do with our hearts than our wardrobes.

The Bible instructs that clothing should be modest. Our faith should influence our wardrobe choices as much as it influences the rest of our behavior. Being respectable and having self-control should be the standard for every area of our lives, including the way we dress.

These three questions help us examine what to wear or not wear:

1. Is it tasteful or improper?
2. Is it moderate or extreme?
3. Does it reflect my witness as a Christian?

As Christians, we are called to modesty not as a list of rules that limit our freedom, but rather an irresistible virtue that reflects our faith.

**ACCOUNTABILITY:** In addition to parents, encourage your child to identify a close friend or two who shares similar values to help hold each other accountable to living with sexual purity.

**DRAWING THE LINE:** Coach your teen to decide now what he/she will and will not do in a relationship with the opposite sex. Discuss the following summary of the natural progression of physical intimacy. Decide together where to draw the line in order to protect purity and prevent a broken heart.

- Flirting
- Side hugs
- Frontal hugs
- Holding hands
- Arms around each other
- Cuddling
- Kissing
- French kissing
- Touching/caressing with clothes on
- Petting/groping under or without clothes
- Oral sex
- Sexual intercourse

**DANGER ZONES:** Create a list of strategies that will help them avoid potentially compromising situations including...

- Never be in a house with the opposite sex without parents home.
- Stay in family areas of the house. No going in bedrooms.
- Doors of the room you are in remain open.
- Come straight home after a date. No “parking.”

- Limit alone time. Make sure your child maintains his/her other friendships and activities.
- Date growing Christians.
- Group dates as friends provide much of the positive aspects of dating, yet limit much of the risk of harm. Delay 1:1 dating until a designated age such as 16 or 17 years old.

**EXIT PLAN:** Create an easy way for your teen to flee a tempting or risky situation with the opposite sex. Discuss possible “code language” they might use when calling or texting such as “Checking in.” This will alert you that they need to leave. Then you can tell them you need them to come home which gives them excuse for their friends/date without embarrassing them or risking harm.

**GRACE:** If your teen has already made mistakes such as viewing pornography or going too far with a boyfriend/girlfriend, respond with grace and forgiveness. Assure them of your unconditional love. Delay the conversation if you’re emotional. If you already blew it and freaked out on them, go back and ask for forgiveness. Let them know you’re ready to talk now and just reacted in the moment. Read John 8 and ask God to help you model Jesus’ balance with the woman caught in adultery. You call the sin a sin, but offer hope by challenging him/her to start fresh and “go and sin no more.” Be a safe, committed and loving adult that journeys with them through this season.





# SAFEGUARDING YOUR HOME

## PROTECTING YOUR CHILD FROM ONLINE THREATS

**D**id you realize that your child is far past the average age window that children are first exposed to pornographic content on the internet? If you haven't already, you need to make sure that every device in your family is protected. Having unprotected devices in your home would be as if our parents had left explicit magazines lying around the house, expecting us to make good choices.

### 3 STEPS TO PROTECTING YOUR CHILD ONLINE

- 1. Talk to your child about using their devices.** Discuss how they should never give out personal information or chat with strangers. Have an age-appropriate conversation about pornography. Stress how important it is to let you know if they come across inappropriate content. Make sure they know you are a safe person to talk to about what they've seen. For help in talking with kids about pornography, check out Good Pictures/Bad Pictures and Good Pictures/Bad Pictures Jr. by Kristen Jensen, M.A. and Gail Poyner, PhD. There are also great resources at [family.org](http://family.org) and [covenanteyes.com](http://covenanteyes.com).

Do not allow devices in a child's room - they should not need privacy to be on the internet.
- 2. Set boundaries for internet usage.** Require that all internet usage be done in a central area of the house where parents and other family members will be. Do not allow surfing while you are not home, including homework which typically requires a lot of need for google images.
- 3. Protect your devices with a content blocker and report generator.** There are several companies that provide these services/software. Focus on the Family partners with *Net Nanny* and *Forcefield*. *Covenant Eyes* is used by many families at Eastview. These programs will not only block content, but will also send accountability reports on everyone's usage in the family. You should also go into the settings of each device and determine the restrictions for that device, which is then protected by a 4 digit PIN.

Commit yourself to being intentional about being a gatekeeper for your child's heart and mind - no apologies. It will be impossible to protect them entirely, but these simple steps are a good start toward giving them a good shot at never knowing the dark world of a porn addiction.

**G**et answers to your toughest parenting questions in this new free course. Mark Gregston's "Tough Guys and Drama Queens" course is now available absolutely free!!

How you choose to navigate your child's teen years is one of the most important factors in how they learn and grow into adults, and your relationship with them now will set the course for years to come.

Whether you're in the middle of your teen's adolescent years and struggling with how to connect with them, or preparing for the years ahead, you're in the right place.

For almost 40 years, Heartlight Ministries has been passionate about guiding kids and parents through the turbulent teenage years. Tough Guys and Drama Queens has been a huge part of that mission, and we're thrilled to be able to offer it now, to you, as a free online course!

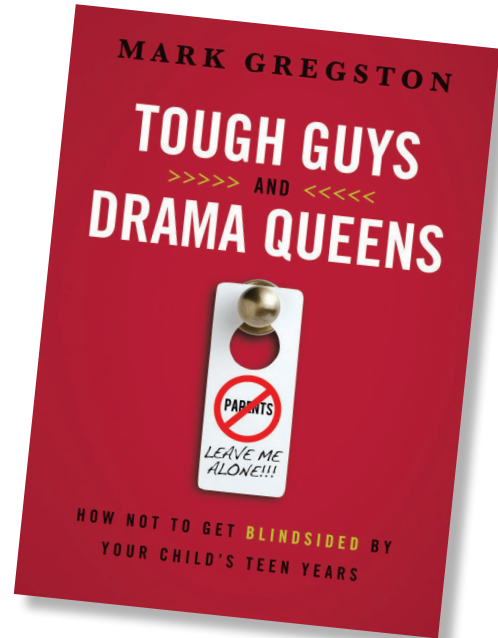
**This two-week course will reveal:**

- why traditional parenting techniques aren't as effective as they used to be
- the pressures teens face in today's culture
- how to build a stronger relationship with your teen throughout these years.

Enjoy Tough Guys and Drama Queens, and remember: God is the one truly in control of your teen's life. Your job is to help them through it.

**For more information go to:**

[rightnowmedia.org](http://rightnowmedia.org) and search Mark Gregston



# THIS YEAR'S PARENTING PLAN SUMMARY/CHECKLIST

**WEEKS TO GRADUATION: 260 and counting**  
**PHASE PARENTING PHRASE: Affirm Their Personal Journey**

*“But among you there must not be even a hint of sexual immorality,  
or of any kind of impurity, or of greed, because these are improper for God’s holy people.”*

**Ephesians 5:3**

- Read the contents of this booklet and the tri-fold Phase Summary that comes with this booklet.
- Write a letter to my child.
- Plan some occasions to discuss purity with my child, using the Checklist and Purity Commitment
- Pray & read the Bible with my child daily
- Get parental protection/accountability software on all our devices this year, including my own
- Follow This Year’s Marriage Plan below. *(We know not every parent is married. We don’t mean to offend by including this segment.)*

# THIS YEAR'S MARRIAGE PLAN

**E**ach year we want to encourage you to make a plan to keep your marriage healthy. One of the most important gifts you'll give to your child is the love you give to your spouse. When mom and dad love each other and demonstrate the traits of a healthy (NOT PERFECT!) marriage, it not only sets a good example of a godly marriage, but gives them a greater sense of security and well-being. Andy Stanley in [The Principle of the Path](#) writes "We don't drift to good places." (Thomas Nelson, 2008). Good marriages require intentionality. Use the plan below to make an intentional effort in your marriage this year. Read [The Best Us](#) by Ted Lowe (©MarriedPeople 2016) for a full explanation of Have Serious Fun! Love God First; Respect and Love; Practice Your Promise.

**Have Serious Fun! Date Night Scheduling:** Grab your calendars and mark at least TWO date nights for each month and PROTECT those dates. Remember that you were boyfriend and girlfriend before you were dad and mom, and have fun together! No family administration discussions! For extra fun, watch for sponsored "Date Nights" by Eastview's Marriage Ministry.

**Love God First - Faith Practices 101:** Research finds that couples who pray together at least twice a week have a divorce rate of less than 1% (HomePointe). Commit to praying as a couple at least twice a week. Plan which worship service the two of you will attend together each week – try to avoid "dividing and conquering" in order to volunteer.

**Love and Respect - Write an Annual Letter:** Write a letter to your spouse for your anniversary this year, much like the one in this packet that you will write to your child. Write a letter of memories from this past year, affirmations, prayers and promises to each other.

**Practice Your Promise - Personal Growth:** Evaluate how you might grow as a spouse, such as "listening better," "praising her in public," or "initiating romance." Write it down and seal it in an envelope. When you receive next year's packet, open the envelope and assess your progress.

**Invest in Your Marriage:** Join an email blog like [lesandleslie.com](#), choose one book to read this year, or choose a small group study on marriage. The Eastview Marriage Ministry and RightNow Media have many helpful events and resources.




# STEP-BY-STEP

WE BELIEVE THAT EVERY PARENT  
WANTS TO BE A GOOD PARENT.  
WE CAN HELP YOU TAKE THE NEXT STEP.

**STEP-BY-STEP PLAN:** As a part of our Eastview Church Family, we never want you to feel like you have to parent alone. We want to come alongside you in your parenting journey and provide resources and relationships that can help you along the way. While this is certainly not the ONLY Christian parenting plan out there, and probably not even the best one, it is a way to raise your children in the faith over the years, with one specific focus a year. These plans are available in three ways:

1. Visit [eastviewresources.com/familyresources](http://eastviewresources.com/familyresources) to select and download these booklets digitally.
2. Stop by the Family Resource Wall at the Normal or Bloomington Campuses and pick up a physical copy anytime.
3. Text #parentplan to 309.808.6002 to register your family to receive the booklets each year on your children's birthdays. If you are a regular attender, the registration will be quick as we will match your family records with your phone number - no data entry required.

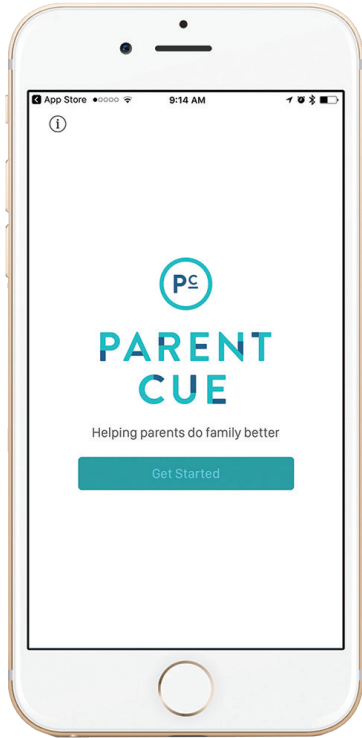
**FAMILY RESOURCE CENTER:** You will obviously have specific needs along the way that we do not cover in these booklets. You might have a child with special needs, or your child might be dealing with a specific issue, or you might need more creative ideas for family times together... whatever it is, we will do our best to offer helpful resources. Stop by our Family Resource Center on the lower level of the atrium on the Normal Campus. We have a rotating inventory of resources that give you some quick advice on a variety of topics with recommended resources and next steps to take at Eastview. We highlight various books and resources to help with different aspects and seasons of parenting and marriage.



**MEMBER CARE:** There might be certain seasons where you have specific needs and just need a little extra help. We understand and have been there too. Because of this, we have different areas where we can assist our members needs:

- **CARE APPOINTMENTS:** We know that connecting to others for prayer and encouragement is a necessary part of our spiritual formation, especially in times of need. Care Appointments are scheduled times we have set aside to meet with you for pastoral care. We would like to hear your story, pray with you, and offer guidance on your next steps. To sign up for a care appointment visit [www.eastview.church/membercare](http://www.eastview.church/membercare).
- **COUNSELING REFERRALS:** We want to help people connect to Christian Counselors when professional services are needed for healing and growth. For information on counselors in our area contact: Sara Thompson [sthompson@eastview.church](mailto:sthompson@eastview.church) or 309.451.5057.
- **PARENTING APPOINTMENTS:** Sometimes professional clinical counselling is not an option or necessary and you just want to get some pastoral counseling based on biblical principles, email Jason Smith at [jsmith@eastview.church](mailto:jsmith@eastview.church) to make an appointment with him or a specific age group pastor. (emphasis that this is biblical pastoral counselling NOT clinical professional counselling)
- **CARE GROUP:** Eastview Care Groups range from support groups for parents with kids with special needs, to parents of children who identify as LGBTQ+, to men's sexual integrity groups, to divorce care to single moms groups and more. For a list of current available care groups, visit [eastview.church/ministries/care](http://eastview.church/ministries/care). For specific information, contact Jason Sniff at [jsniff@eastview.church](mailto:jsniff@eastview.church).
- **THE FAMILY ROOM:** Open on Sundays before, after and during services, our family room is a place to connect with caring staff and volunteers for prayer and encouragement. Available at the Normal and Bloomington Campuses.





## DOWNLOAD THE PARENT CUE APP

As a parent, some of the most important things you do for your child don't happen in a single day. You make small deposits in their life week after week - over time. That's why the Parent Cue App gives weekly cues to help you make the most of the time you spend with your kid or teenager. This app is brought to us by The ReThink Group, producers of the Phase Summaries that come with these booklets, as well as the curriculum we use for our 4th & 5th Grade Ministry at ECC.



Easy encouragements to help your child start their day.



Ideas for meaningful talks on the way to soccer practice.



Conversation starters while grabbing drive thru tacos or sitting around the table.



Great reminders for ways to end the day on a great note.



Timely help for those moments that take you by surprise.

# Do you have access to the **BIGGEST** Christian video library in the world?

Sign up for a **FREE** account  
at [EASTVIEW.CHURCH/RNM](http://EASTVIEW.CHURCH/RNM)

BIBLE STUDY • ENTERTAINMENT • DISCIPLESHIP

**rightnow** MEDIA

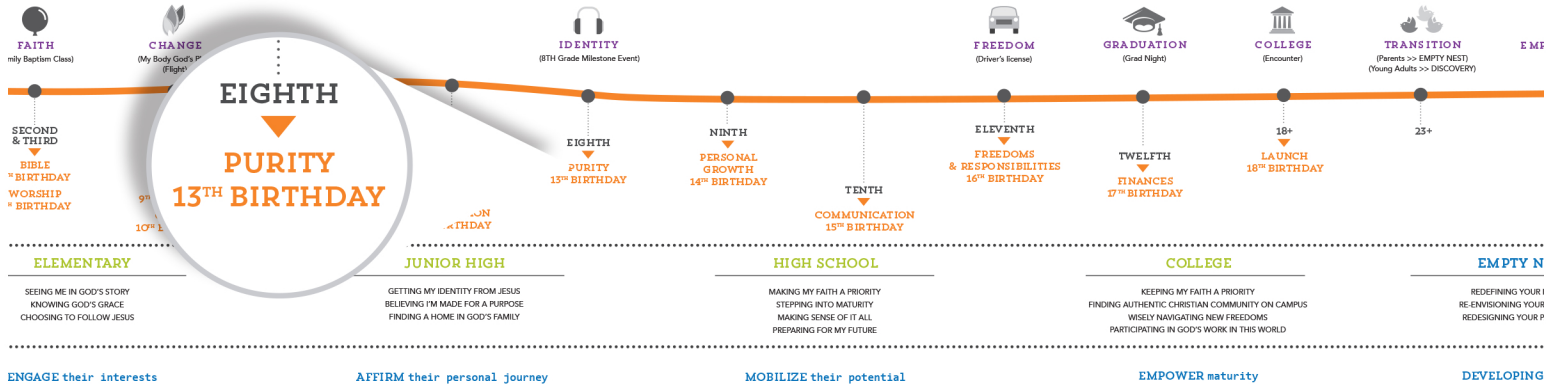
CHECK OUT THE VIDEOS FOR KIDS, YOUTH, PARENTING AND MARRIAGE!



# EASTVIEW FAMILY RESOURCES

## FAMILY MINISTRY MAP

LEGACY YEARS



### AN INTENTIONAL PLAN FOR YOUR FAMILY. STEP BY STEP PARENTING FROM BIRTH THROUGH HIGH SCHOOL.

The Eastview Family Ministry Map is a bird's eye view of our strategy for helping families thrive. From the formation of families as young couples date, through the child rearing years, to the empty nest, we have a plan that families can follow to build strong marriages and pass on a legacy of faith to the next generation—one step at a time. For the full map, visit our Family Resource Center in the lower level atrium next to the bookstore.

**SIGN UP FOR OUR PARENTING PLAN: TEXT "#PARENTPLAN" TO 309.808.6002**

Each year on your child's birthday we will provide you with a new booklet to help you focus on one aspect of your child's life and spiritual formation. Each booklet contains helpful information on developmental milestones, simple ideas for passing on your faith in everyday rhythms, as well as practical ways to speak into their lives. Every parent wants to be a good parent. We can help you with the next step.